



# Paediatric First Aid

Including Paediatric Emergency First Aid  
Course Overview

## Paediatric First Aid

As with all Beyond First Aid qualifications, this is designed to give people the basic knowledge and understanding to deal with an emergency, in this case, common paediatric first aid situations.

This course is aimed at people who have a responsibility at work, or as a volunteer, to provide first aid cover for children and infants. *(In the interest of conciseness, the terms Casualty or Casualties shall refer to Infants, Children, and Adults throughout).*

## Compliance and Regulatory Requirements

This fulfils Ofsted's requirements for teachers, nursery and children centre workers, and child minders, as well as the requirements of the statutory framework for the Early Years Foundation Stage (EYFS) as issued by the department for Education and Skills Foundation Stage relating to Early Years childcare. Candidates must pass both units consisting of practical and multiple choice question papers, to be awarded the qualification.

Minimum contact teaching hours apply to this course, and training should be delivered in no less than 12 hours. There is no requalification for this qualification, therefore the original course must be repeated at intervals of no more than 3 years.

There are no formal entry requirements, but we advise that candidates have a minimum of level 1 in literacy or equivalent.

The maximum class size for this course is 12 candidates/1 trainer.

Beyond First Aid supply a minimum of 1 training manikin for every 3 candidates.

## Assessment

This qualification is made up of 2 Units which are assessed separately

- Unit 1: Emergency Paediatric First Aid.
- Unit 2: Managing paediatric illness, injuries and emergencies.

To be awarded this qualification, candidates must pass the assessments carried out by observation, and achieve a percentage pass in the Multi choice paper.

# Learning Outcomes

| <b>Unit 1: Emergency Paediatric First Aid</b>  |   |
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| <b>1. The role and responsibilities of the first aider.</b>  | 1.1 Define responsibilities of a first aider<br>1.2 Minimising the risk of infection to self and others<br>1.3 Personal protection equipment required for first aid<br>1.4 Explain reporting procedures following accidents, incidents and illness<br>1.5 Explain confidentially procedures for recording, storing and sharing information<br>1.6 Define an infant and a child for the purposes of first aid treatment. |
| <b>2. Be able to assess an emergency situation safely.</b>   | 2.1 Conduct a scene survey<br>2.2 Conduct a primary survey<br>2.3 Identify when to call for help<br>2.4 Explain what information needs to be given when obtaining assistance  |
| <b>3. Be able to provide first aid to a casualty who is unresponsive but breathing normally.</b>     | 3.1 Assess the level of consciousness<br>3.2 Explain why a casualty should be placed in the recovery position<br>3.3 Place a casualty in the recovery position<br>3.4 Continually monitor a casualty whilst they are in the recovery position<br>3.5 Assist a casualty who is experiencing a seizure  |
| <b>4. Be able to provide first aid to a casualty who is unresponsive and not breathing normally.</b> | 4.1 Identify when to administer Cardio Pulmonary Resuscitation (CPR) to an unresponsive casualty who is not breathing normally<br>4.2 Administer CPR using a manikin  |
| <b>5. Be able to provide first aid to a casualty who has a foreign body airway obstruction.</b>      | 5.1 Identify when a foreign body airway obstruction is: <ul style="list-style-type: none"> <li>• mild</li> <li>• severe</li> </ul> 5.2 Administer first aid to a casualty who is choking  |
| <b>6. Be able to provide first aid to a casualty with external bleeding.</b>                         | 6.1 Describe the types and severity of bleeding<br>6.2 Explain the effect of severe blood loss on a casualty<br>6.3 Control external bleeding   |
| <b>7. Understand how to provide first aid to a casualty who is suffering from shock.</b>             | 7.1 Define the term 'shock' relevant to first aid<br>7.2 Describe how to recognise a casualty who is suffering from shock<br>7.3 Explain how to manage the effects of shock   |
| <b>8. Understand how to provide first aid to a casualty with anaphylaxis.</b>                        | 8.1 List common triggers for anaphylaxis<br>8.2 Describe how to recognise anaphylaxis in a casualty<br>8.3 Explain how to administer first aid to a casualty with anaphylaxis   |

## Unit 2 Managing paediatric illness, injuries and emergencies

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| <p><b>1. Administer first aid to a casualty with injuries to bones, joints and muscles.</b></p>             | <p>1.1 Describe types of fractures</p> <p>1.2 Recognise suspected:</p> <ul style="list-style-type: none"> <li>• Fractures</li> <li>• Dislocations</li> <li>• Sprains and strains</li> </ul> <p>1.3 Administer first aid for suspected:</p> <ul style="list-style-type: none"> <li>• Fractures</li> <li>• Dislocations</li> <li>• Sprains and strains</li> </ul>                                    |
| <p><b>2. Administer first aid to a casualty with head and spinal injuries.</b></p>                          | <p>2.1 Describe how to recognise suspected:</p> <ul style="list-style-type: none"> <li>• Concussion</li> <li>• Skull fracture</li> <li>• Cerebral compression</li> <li>• Spinal injury</li> </ul> <p>2.2 Administer first aid for suspected:</p> <ul style="list-style-type: none"> <li>• Concussion</li> <li>• Skull fracture</li> <li>• Cerebral compression</li> <li>• Spinal injury</li> </ul> |
| <p><b>3. Administer first aid to a casualty with conditions affecting the eyes, ears and nose.</b></p>      | <p>3.1 Identify conditions affecting the:</p> <ul style="list-style-type: none"> <li>• Eyes</li> <li>• Ears</li> <li>• Nose</li> </ul> <p>3.2 Explain the action to take when conditions are identified</p>  |
| <p><b>4. Administer first aid to a casualty with a chronic medical condition or sudden illness.</b></p>     | <p>4.1 Describe how to recognise:</p> <ul style="list-style-type: none"> <li>• Diabetic emergencies</li> <li>• Asthma attack</li> <li>• Meningitis</li> <li>• Febrile convulsions</li> </ul> <p>4.2 Explain how to manage:</p> <ul style="list-style-type: none"> <li>• Diabetic emergency</li> <li>• Asthma attack</li> <li>• Meningitis</li> <li>• Febrile convulsions</li> </ul>                |
| <p><b>5. Administer first aid to a casualty who is experiencing the effects of extreme temperature.</b></p> | <p>5.1 Describe how to recognise and manage the effects of:</p> <ul style="list-style-type: none"> <li>• Extreme cold</li> <li>• Extreme heat</li> </ul>   |
| <p><b>6. Administer first aid to a casualty who has sustained an electric shock.</b></p>                    | <p>6.1 Explain how to safely manage an incident involving electricity</p> <p>6.2 Describe first aid treatments for electric shock incidents</p>  |

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| <b>7. Administer first aid to a casualty with burns or scalds.</b>         | 7.1 Describe how to recognise the severity of, and manage burns and scalds  |
| <b>8. Administer first aid to a casualty who has been poisoned.</b>        | 8.1 Identify the routes that poisonous substances take to enter the body<br>8.2 Identify sources of information for treating those affected by sudden poisoning<br>8.3 Explain how to manage sudden poisoning |
| <b>9. Administer first aid to a casualty who has been bitten or stung.</b> | 9.1 Identify severity of bites and stings<br>9.2 Explain how to manage bites and stings   |
| <b>10. Administer first aid to a casualty with minor injuries.</b>         | 10.1 Explain how to administer first aid for: <ul style="list-style-type: none"> <li>• Small cuts</li> <li>• Grazes</li> <li>• Bumps and bruises</li> <li>• Small splinters</li> <li>• Nose bleeds</li> </ul> |

**NB** For the 6 hour, Paediatric Emergency First Aid course, only Unit 1 (page 2) is necessary. This course however, is not recognised by Ofsted or EYFS.

## Trainer, Assessor Requirements

In line with the Skills for Health Assessment Principles for First Aid Qualifications, all Beyond First Aid trainers, assessors and Internal Quality Assurers are occupationally competent in first aid. Evidence of this is available on request, but may include, but is not limited to, holding a valid First Aid at Work certificate, registration as a doctor with the General Medical Council, as a nurse with the Nursing and Midwifery Council or a paramedic with the Health and Care Professions Council.

They are also occupationally competent in training and assessing. Again, evidence is available on request, but may include, but is not limited to, holding a qualification such as:

- Further and Adult Education Teachers Certificate
- Cert Ed or PGCE
- PTLLS (level 4) or CTLLS
- IHCD Instructional Methods
- IHCD Instructor Certificate
- Ministry of Defence (Army) Instructor/Assessor certificate

## Useful information

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| Early Years Foundation Stage Framework                                     | <a href="https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2">https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2</a> |
| Skills for Health  | <a href="http://www.skillsforhealth.org.uk/">http://www.skillsforhealth.org.uk/</a>   |
| Health & Safety Executive (HSE) First Aid Section                          | <a href="http://www.hse.gov.uk/firstaid/">http://www.hse.gov.uk/firstaid/</a>   |
| HSE GEIS3 A guide for employers - Selecting a first-aid training provider  | <a href="http://www.hse.gov.uk/pubns/geis3.pdf">http://www.hse.gov.uk/pubns/geis3.pdf</a>   |
| The Health and Safety (First-Aid) Regulations 1981. Guidance on Regulation | <a href="http://www.hse.gov.uk/pubns/books/l74.htm">http://www.hse.gov.uk/pubns/books/l74.htm</a>   |
| First aid needs assessment   | <a href="http://www.hse.gov.uk/firstaid/needs-assessment.htm">http://www.hse.gov.uk/firstaid/needs-assessment.htm</a>   |

